Women Supporting Women in Leadership Through Empowerment and Solidarity
Dr. Kami J. Anderson and Dr. Joy L. Wiggins

If you don’t already do these things, start them now. Examine how effective you are in these actions

According to research women currently do:

● Pay it forward to a greater extent than men
● Form affinity groups
● Offer job or career advice
● Act as role models
● Open doors for each other
● Provide Support beyond the job

Other ways to support women:

● Mentoring someone different from you
● Collaborating with other women
● Forming affinity groups across cultural identities and other differences
● Educating yourself on different women’s experiences
● Standing up for other women in meetings and in interactions.
● Interrupt racist and sexist language immediately
● Know your feminist cultural history
● Deconstruct your own bias about yourself and others

Action steps:
1. Actively challenge that limiting belief about yourself
2. Find two ways you can extend this new understanding of the ticker tape and our limiting beliefs about ourselves to three other women today.
3. Tell the person next to you what you intend to do.

From our Book: “From Sabotage to Support: A New Vision for Feminist Solidarity in the Workplace” Coming March 2019!