

BridgePaths Standards and Measures for Caregiving



Health crises almost always lead to financial crises
and inevitably to spiritual crises.

BRIDGEPATHS EQUIPS CAREGIVERS TO PROVIDE PREVENTATIVE & MAINTENANCE CARE

BridgePaths is here to offer the caregiver financial, spiritual and healthcare help in these challenging days ahead.

BridgePaths presents Plan B; Financial Planning for those families and loved ones whose Plan A in life has been disrupted by crises.

BridgePaths also presents Plan A; Spiritual Caregiving - there is only one God, no alternatives.

FINANCIAL PLANNING & ASSISTANCE

Managing money is the greatest stressor for caregivers and families impacted by disability, special needs and chronic or terminal illness. Our process will bring some relief and will help you get through what could be a long road ahead.

CARE COMMUNICATION SYSTEM

Create Your Care Team: Invite family, healthcare professionals, and friends to join your care team.

Set Permissions: Who can see what? You decide which members of your team can access medical and care content

Upload Information: Prescriptions, advance directives, biometrics, insurance cards, etc. All stored securely in the BridgePaths vault

Stay Connected: Create care notes and share photos to keep your team up to date on your loved one's care

NETWORK OF CARE RESOURCES

BridgePaths can connect you to advisors and professionals who can help you through various stages of the care process, including Counselors, Therapists, Clergy, Attorneys, Accountants, Benefits Specialists, Protection Planners, Financial Advisors, Estate Planners, Coaches, Therapists, and others...



Understanding the Measurable Factors for the Caregiver & Care Recipient

- 1-If you Strongly Disagree with the statement,
- 2-If you Disagree
- 3-If you are Neutral.
- 4-If you Agree with the statement
- 5-If you Strongly Agree.

| | Statement | Pre-training 1,2,3,4,5, |
|-----------|--|------------------------------------|
| 1. | <i>Crisis communications (socialization)</i> - It is important to share communications and updates with all who are concerned with the care recipient on a regular basis | |
| 2. | <i>Crisis communications (socialization)</i> -I have a clear role and process to communicate with loved ones before, during and after a crisis. | |
| 3. | <i>Crisis Communications (socialization)</i> -I have the tools and ability to communicate on a regular basis. | |
| 4. | <i>Sharing News</i> -I have a simple approach to sharing important news to all those who need to be in the know. | |
| 5. | <i>Calendaring</i> - I can effectively schedule activities and manage the times and dates of the caregivers, care receiver and others who need to be involved. | |
| 6. | <i>Calendaring</i> -I can effectively monitor treatment schedules, prescription refills, medical appointments, follow up meetings and efficient reporting of information. | |
| 7. | <i>Calendaring</i> - I am able to monitor recurring appointment, makeup visits and track activities in a balanced fashion. | |
| 8. | <i>Medical Information</i> -I am able to organize, manage and report medical personnel notes and data. | |

| | Statement | Pre-training 1,2,3,4,5, |
|-----|---|----------------------------|
| 9. | Medical Information- I am able to organize, manage and report medical documents and reports | |
| 10. | Medical Information- I am able to organize, manage and monitor medical conditions of the patient, | |
| 11. | Medical Information- I am knowledgeable and have the ability to address the various level of administrative bureaucracy to get answers. | |
| 12. | Medical Information- I am able to communicate with medical personnel in a timely and efficient manner. | |
| 13. | Managing medications- I am competent and confident I can manage drugs, forms, dosages, frequency and pharmacy interactions. | |
| 14. | Biometrics- I am confident and competent in handling, recording and reporting instrument results Blood Pressure: Blood Sugar: Daily Activity: Heart Rate: Temperature: Weight: Pain Scale: Oxygen Saturation / Use: CA 125: Inhibin: | |
| 15. | Legal- I am confident and competent in gathering, organizing and documenting legal documents, wills, titles, advanced care directives and estate issues with my legal team. | |

| | Statement | Pre-training 1,2,3,4,5, |
|------------|--|----------------------------|
| 16. | Financial Planning- I am confident and competent in gathering, organizing and documenting financial documents, taxes, investment records, budgets, net worth, cash flow and emergency cash issues with my certified financial team. | |
| 17. | I am committed to maintaining the care receiver’s self-identity, balance, mental, physical and emotional health and seek help when I need it | |
| 18. | I know how to (and do) ask the right questions to help the care receiver articulate what’s most important to them. | |
| 19. | I am an excellent listener, and I actively listen without judging or making assumptions. | |

Ratings: Above 75 points--Collaborate with the BridgePaths Network of Highly competent and motivated peers to give care

65 points or less-Consider seeking skill development or coaching

50 points or less-Enroll in a workshop to build confidence and competence

40 points or less-Seek a structured learning experience to be better prepared for caregiving

Your rating:

Upon reflecting on your assessment of your ability to perform, document and manage the activities, results and communications of these measures, consider following up with Jake Chaya, CEO and Caregiver Trainer to seek training or assistance in improving your skills and attitudes with caregiving.

Contact Jake Chaya jake@bridgepaths.com 612.414.5182 www.bridgepaths.com for a complementary meeting.

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