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FOR IMMEDIATE RELEASE

Diversity Insights Breakfast Series Continues with June 7 workshop

MINNEAPOLIS, Minn. --- May 17, 2018 --- The Forum on Workplace Inclusion (FWI) at the University of St. Thomas is hosting its third Diversity Insights Breakfasts (DIB) titled, “Returning to the Work: Healing & Self-Care for DEI Practitioners,” on Thursday, June 7 from 8:00 am – 10:00 am at the University of St. Thomas, Minneapolis campus, Opus Hall, room 201 (MOH 201). DIBs connect University of St. Thomas students, faculty, staff, and the public to diversity, equity, and inclusion (DEI) leaders through engaging workshops.

Tickets are **FREE** to University of St. Thomas students, faculty, and staff. Tickets for general public are \$29. Breakfast buffet included with admission.

The final installment of our FY2018 series, the June 7 DIB features Camille Cyprian, founder and principle healer at Centered Spaces Healing & Wellness.

“In this Diversity Breakfast Series, participants can expect to walk away with an understanding of why intentional self-care is an essential foundation to being a [diversity, equity, and inclusion] (DEI) practitioner, and how [practitioners] can incorporate it into practice,” said Camille Cyprian.

FWI is excited at the opportunity to offer its nationally-recognized DEI resources and learning opportunities right on the University of St. Thomas downtown Minneapolis campus.

“The Diversity Insights Breakfasts have been a way for local members of the DEI community to connect and reconnect throughout the year and discuss important topics facing all of us,” said FWI Executive Director Steve Humerickhouse.

“This year during our previous Diversity Insights Breakfasts, we covered some pretty distressing events and issues like the Charlottesville, Virginia protests and toxic workplaces,” Humerickhouse said. “So we want to end this year’s series on a healing note about self-care for DEI practitioners. We all know that if we don’t take care of ourselves, we can’t really help anyone else.”

For more information and tickets, visit ForumOnWorkplaceInclusion.org

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