

Starting out at the beginner level I suggest the 3 following books:

1. The Souls of Black Folk by WEB DuBois
2. Born a Crime, by Trevor Noah
3. Ten Days in a Mad House by Nellie Bly

In the beginner level I suggest the following three movies

1. Good Hair- the Movie
2. Black Panther- the Movie
3. Matchstickmen-the Movie

In the beginner level I suggest the following online sources.

1. Stuff Mom Never Told You Podcast titled “How to Negotiate Like a Woman”
2. Stuff Mom Never Told You Podcast titled “The Workplace Fear Factor
3. Article titled 25 Stars who Suffer from Imposter Syndrome.

All of these are beginner level because they provide the audience with the perspective of individuals examining dual identities within race, gender, and ability.

In the intermediate level I suggest the following books.

1. Not Fit for our society; Immigration and nativism in America By Peter Schrag
2. Half and Half: Growing up Biracial and Bicultural
3. The Crisis Magazine
4. Hillbilly Elegy by JD Vance
5. No No Boy by John Okada
6. Lean In by Sheryl Sandberg

I also suggest the following films.

1. He named me Malala
2. Infinitely polar bear

All of these are intermediate because the stories are told unapologetically from the writer's perspective on race gender and ability.

In the expert level I suggest the following books.

1. Ashley's War by Gayle Lemmon
2. A Woman Warrior Maxine Hong Kingston
3. Good is not Enough: and Other Unwritten Rules for Minority Professionals by Keith Wyche
4. De Colores Means all of us: Latina **Views for a Multi-Colored Century** by Elizabeth Martinez
5. Kill the Indian, Save the Man by Ward Churchill
6. Why are all the Black kids Sitting Together in the Cafeteria? By Beverly Daniel Tatum
7. Guidelines for Being Strong White Allies by Paul Kivel

In the expert level I suggest the following movies

1. Intelligent Lives
2. All About my Mother
3. Get Out
4. Peanut Butter Falcon
5. Welcome to Me **[7:55]**