B is for Belonging: How defining the concepts of Othering and Belonging are the bridge to the future

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Belonging Vs Othering

O Belonging: is the feeling of security and support when there is a sense of identity and acceptance.



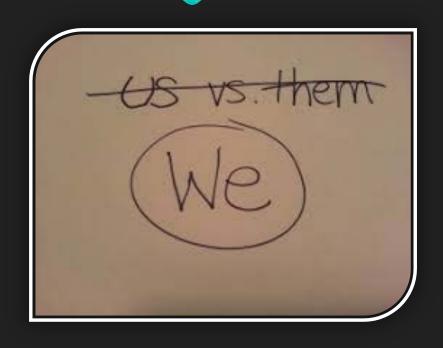
Othering: takes place when some individuals or groups are defined and labeled as not fitting in.

What can Impact Belonging

- O "Us Vs. Them"
- Pronouns and Names Matter
- Working together While Apart
 - "... leaders need to recreate opportunities for teams to build Belonging..."



Building Belonging



- Connections Bridge Gaps
- Experiences Build Empathy
- The Healing Power of Story Telling
 - "When we can process life events it allows us to move forward ..."

How to Build a Shared Language

Tips for Building Inclusive Language

- When in doubt, ask
- Avoid company or team acronyms
- Use plain language
- Use designs or images that reflect diversity



Ways to Analyze your Communications



- O Textio
- Conscious Style Guide
- O Hidden Bias Test

"When people feel respected they will go above and beyond to contribute to their communities, clients, and organization's mission."

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Recommended Reading:

- "We Can't Talk about That At Work!"
- "Our Search for Belonging"
- "Belonging at Work"

Diversity is having a seat at the table, inclusion is having a voice, and belonging is having that voice be heard.

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