



Engaging People.
Advancing Ideas.
Igniting Change.

From Bystander to Ally

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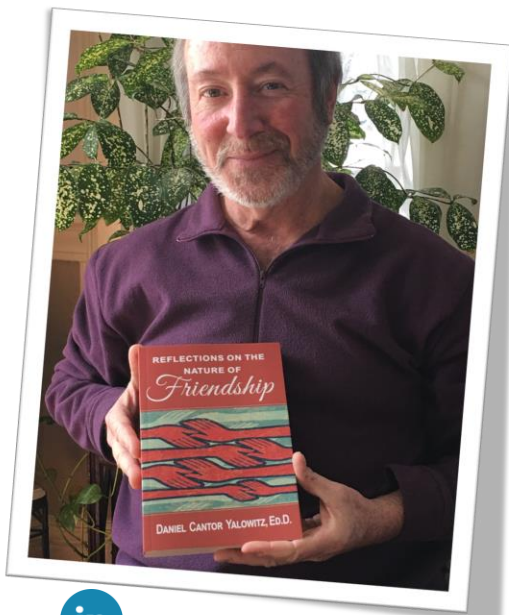


"We don't rise to
the level of our
EXPECTATIONS
...we fall to the
level of our
TRAINING"

~ Archilochus

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[Reflections on the Nature of Friendship by Daniel Cantor Yalowitz Ed.D](#)



Daniel Cantor Yalowitz, Ed.D.

- Founder and Chief Creative Catalyst of DCY Consulting
- Certified in MA. K-12, SpEd, & MBTI®
- 30+ years as faculty and senior academic administrator in 2- & 4-year undergraduate and graduate programs
- Published author of 3 books and 23 articles
- Has served as trainer, consultant, educator and consultant in over 80 counties
- Former residential summer camp director
- Born in NYC, currently based in Western Massachusetts and Cape Cod, MA

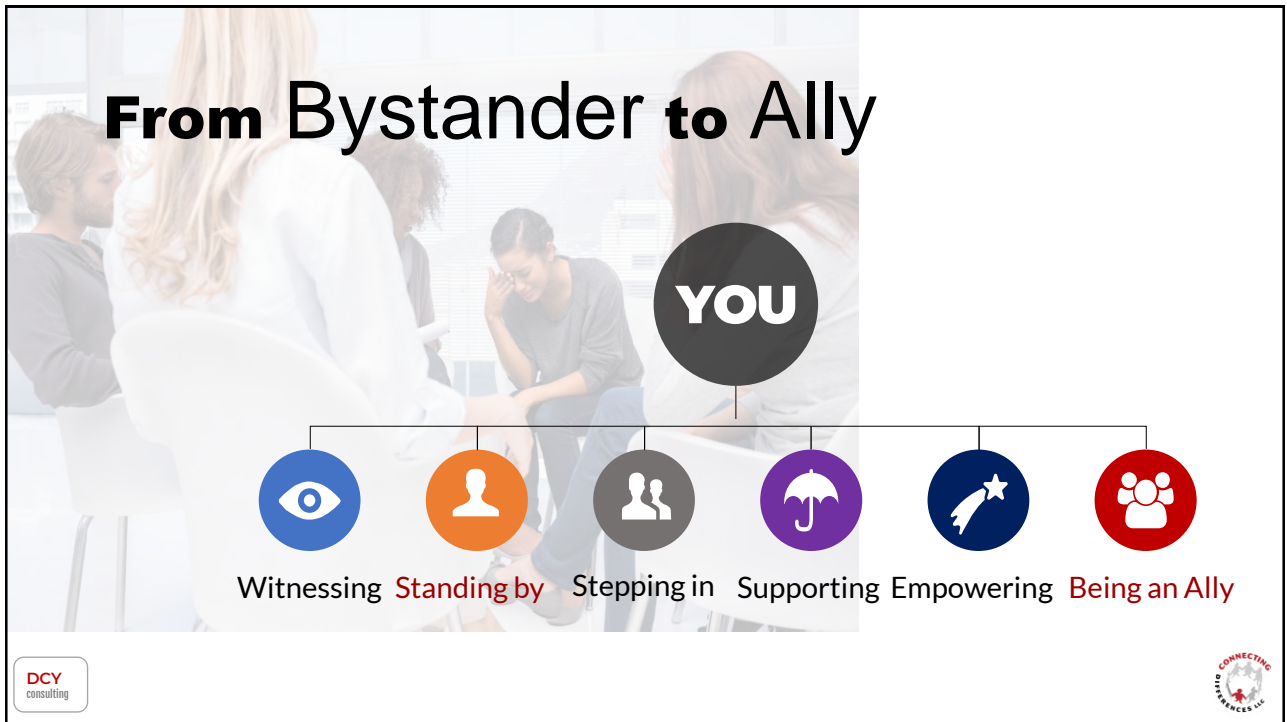


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Tatyana Fertelmeyster, LCPC

- Founder & Principal of Connecting Differences, LLC
- Licensed Clinical Professional Counselor
- Over 25 years of intercultural and diversity work in the US, Europe, Eurasia, and the Middle East
- Currently focusing on complexities of the post-pandemic DEI work and collective healing
- Refugee from the former USSR
- Journalist in her pre-American life
- Mother of 2 Millennials and grandmother of three screenagers
- Based in Chicago, IL





Bystander: A person who witnesses harm occurring. The Bystander can either ignore the harm being done or take specific action to minimize, reduce, or stop it.

Bystander Effect: The bystander effect occurs when the presence of others discourages an individual from intervening in an emergency situation. The greater the number of bystanders, the less likely it is for any one of them to provide help to a person in distress.

Ally: One who voices or otherwise demonstrates moral and emotional support for someone to whom harm is being done, even if it is not in an activated or manifested manner. Similar, but stronger than, a witness.

“Not everything
that is faced can
be changed, but
nothing
can be
changed
until it
is faced.”

JAMES BALDWIN



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Active Bystanders

“It's been nights I've stayed up
apologizing to George Floyd for
not doing more and not physically
interacting and not saving his life,
it's not what I should have done
it's what he should have done.”

*Darnella Frazier,
the teenager, now 18, who filmed the
video seen worldwide of Floyd's death*

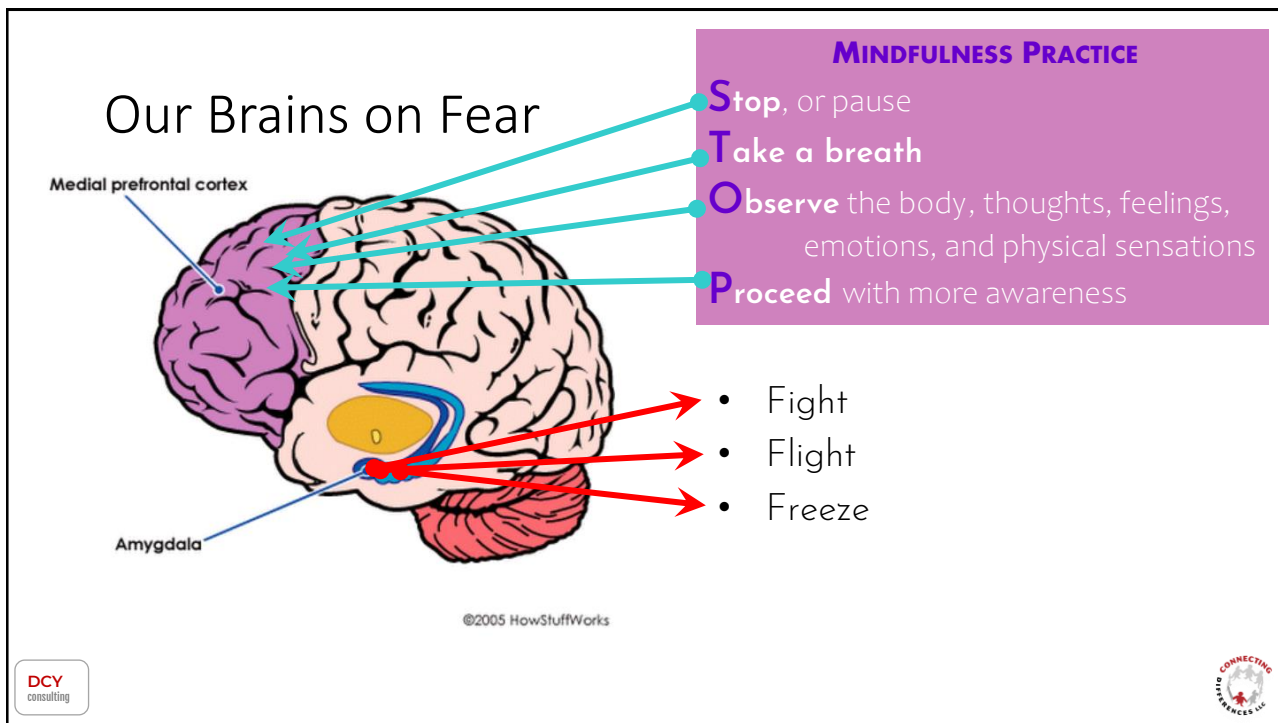


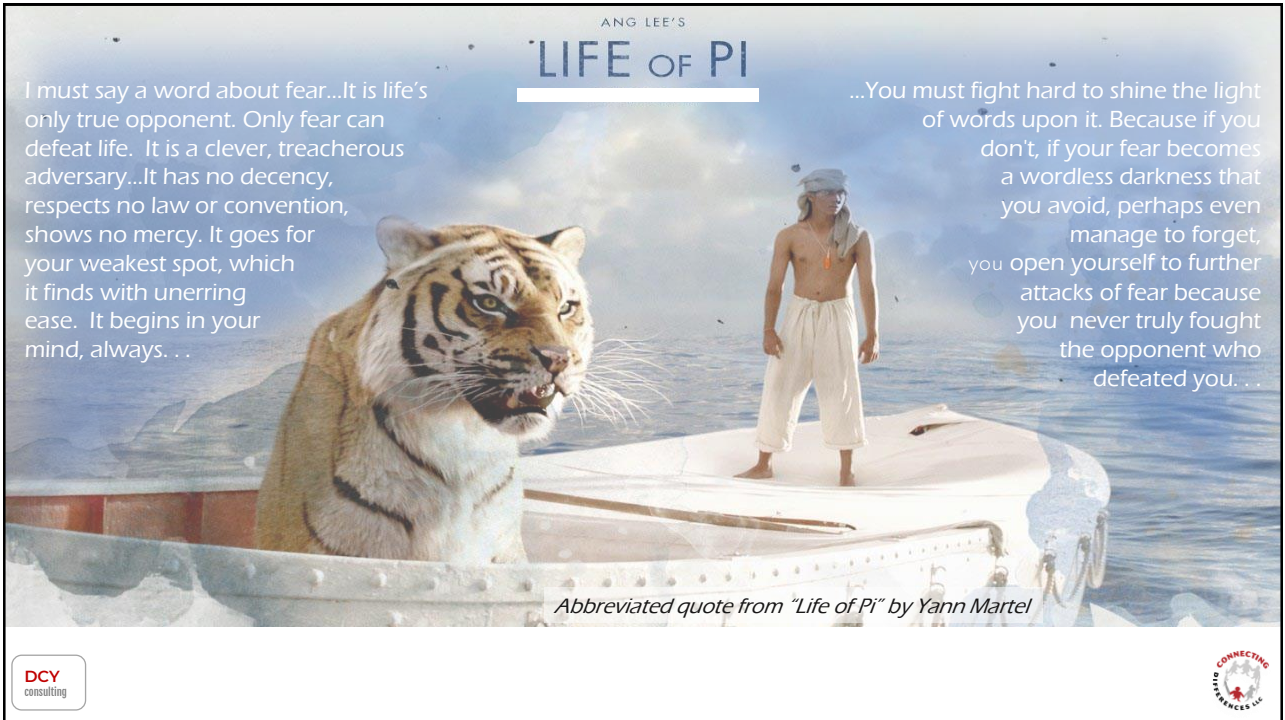
A teen bystander called Alyssa, left, identified herself with red marker during the Derek Chauvin trial Tuesday on this still image taken from police body camera video at the scene where George Floyd died. She also identified her friend Kaylynn, center, and Darnella Frazier, right, who filmed the widely viewed cellphone video of Floyd's death.

COURT TV/POOL

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ANG LEE'S
LIFE OF PI

I must say a word about fear...It is life's only true opponent. Only fear can defeat life. It is a clever, treacherous adversary...It has no decency, respects no law or convention, shows no mercy. It goes for your weakest spot, which it finds with unerring ease. It begins in your mind, always. . .

...You must fight hard to shine the light of words upon it. Because if you don't, if your fear becomes a wordless darkness that you avoid, perhaps even manage to forget, you open yourself to further attacks of fear because you never truly fought the opponent who defeated you. . .

Abbreviated quote from "Life of Pi" by Yann Martel

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CONNECTING DIFFERENCES LLC

June 17, 2020
By Ruth Terry

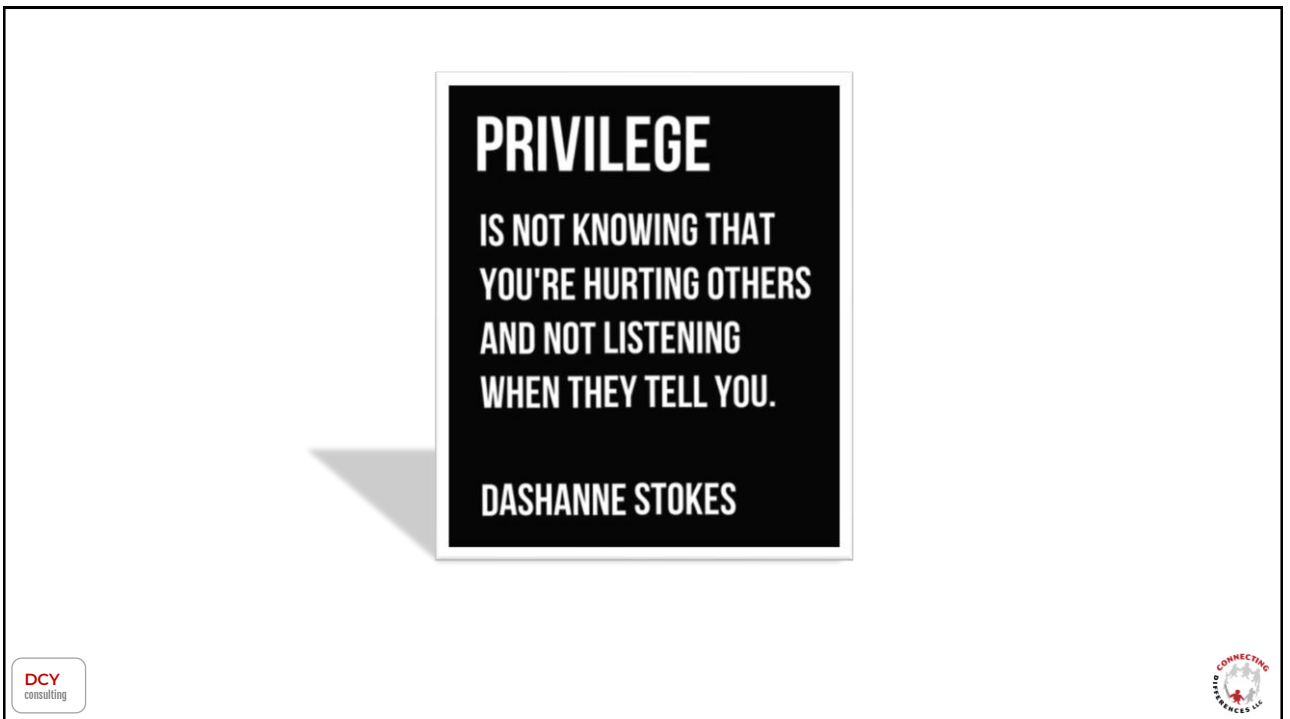
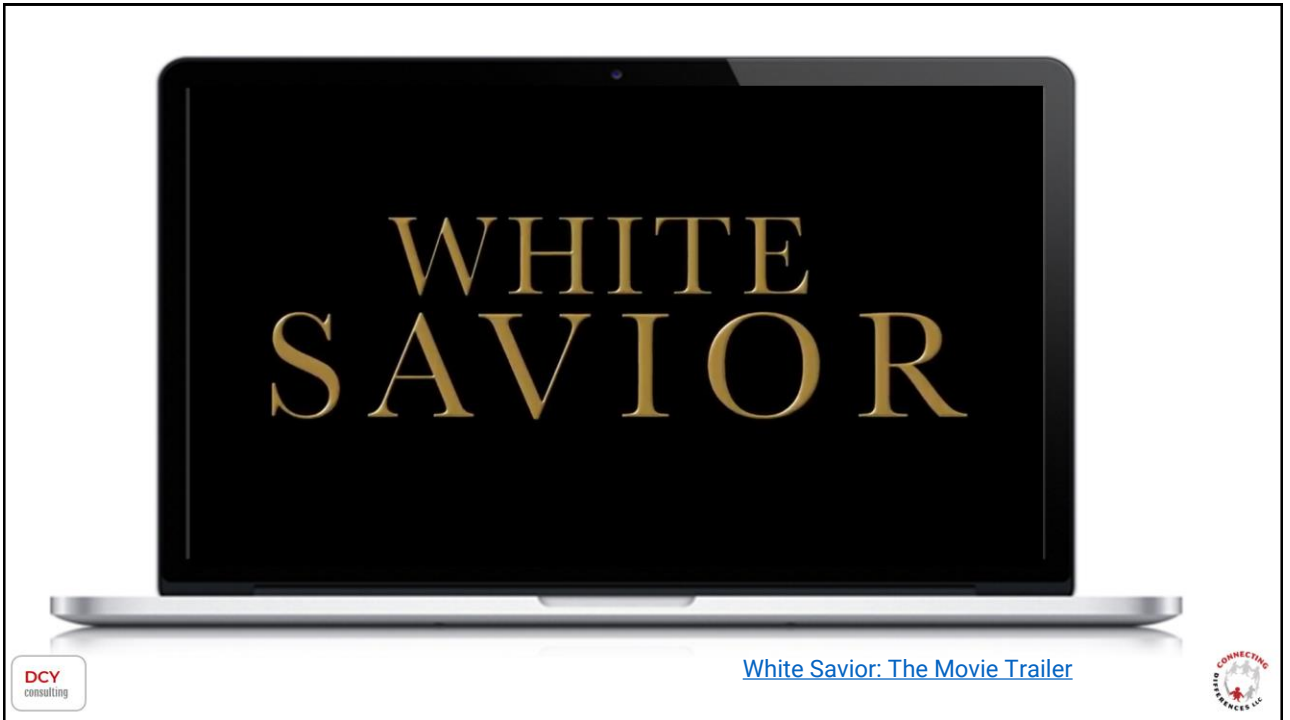
"Whatever action you take, it should stretch you. When it comes to anti-racism work, being an active bystander will always involve giving something up: personal comfort, money, power, privilege. If it doesn't cost you anything, it is not enough."

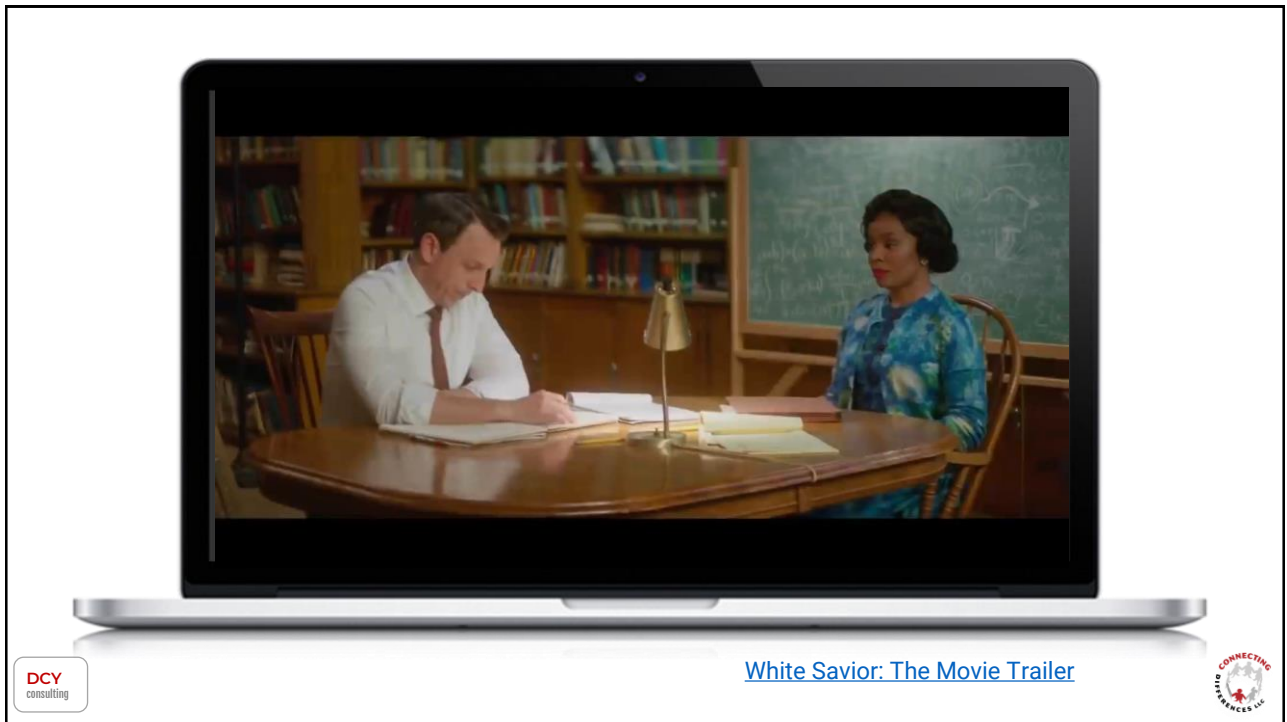
[George Floyd shows Black folks don't need more 'allies.' We need active bystanders.](#)


[How to Be an Active Bystander When You See Casual Racism](#)

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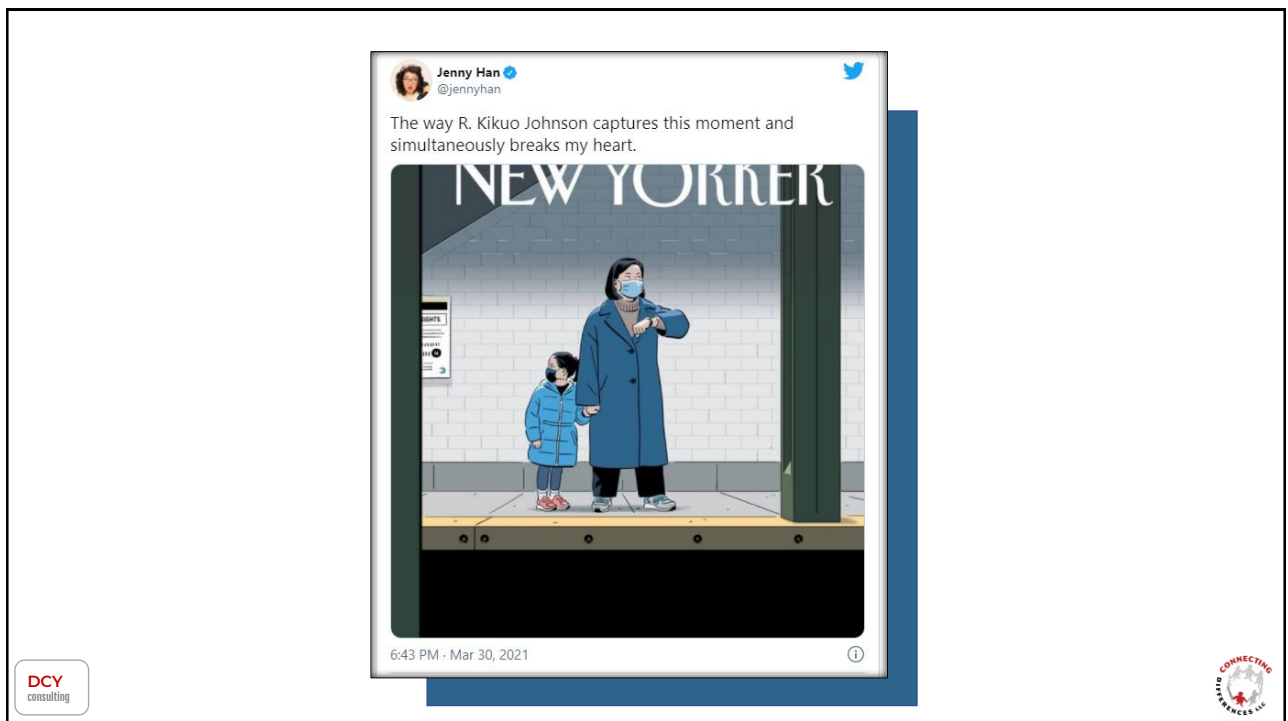


There are two types of people.
Those we who come into a room and
say, "Well, here I am!" and those who
come in and say, "Ah, there you are."

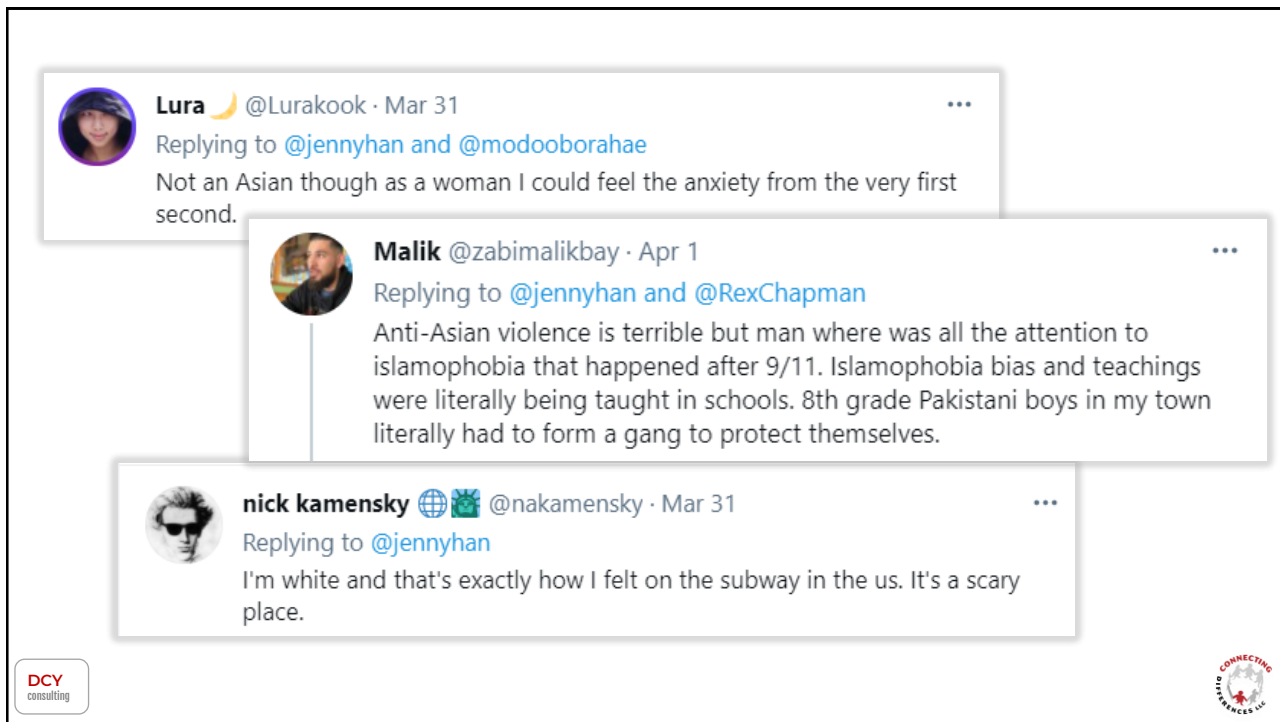
— Archie Frederick Collins —

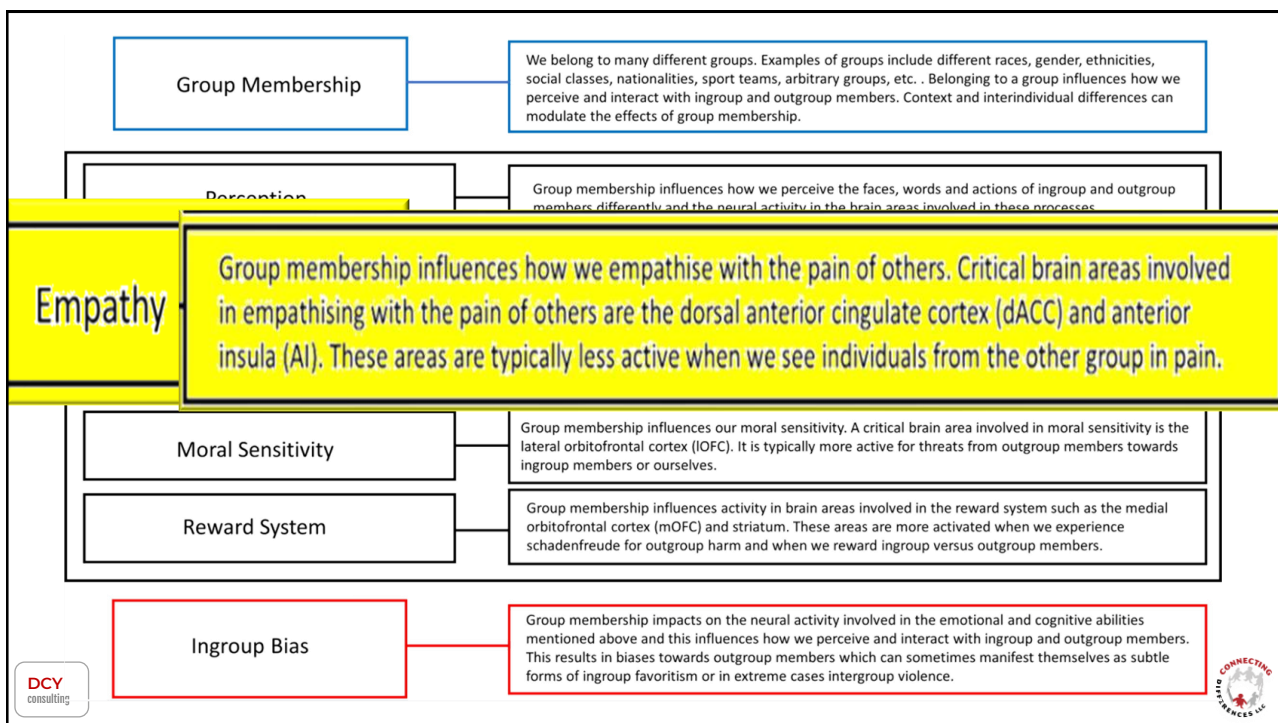
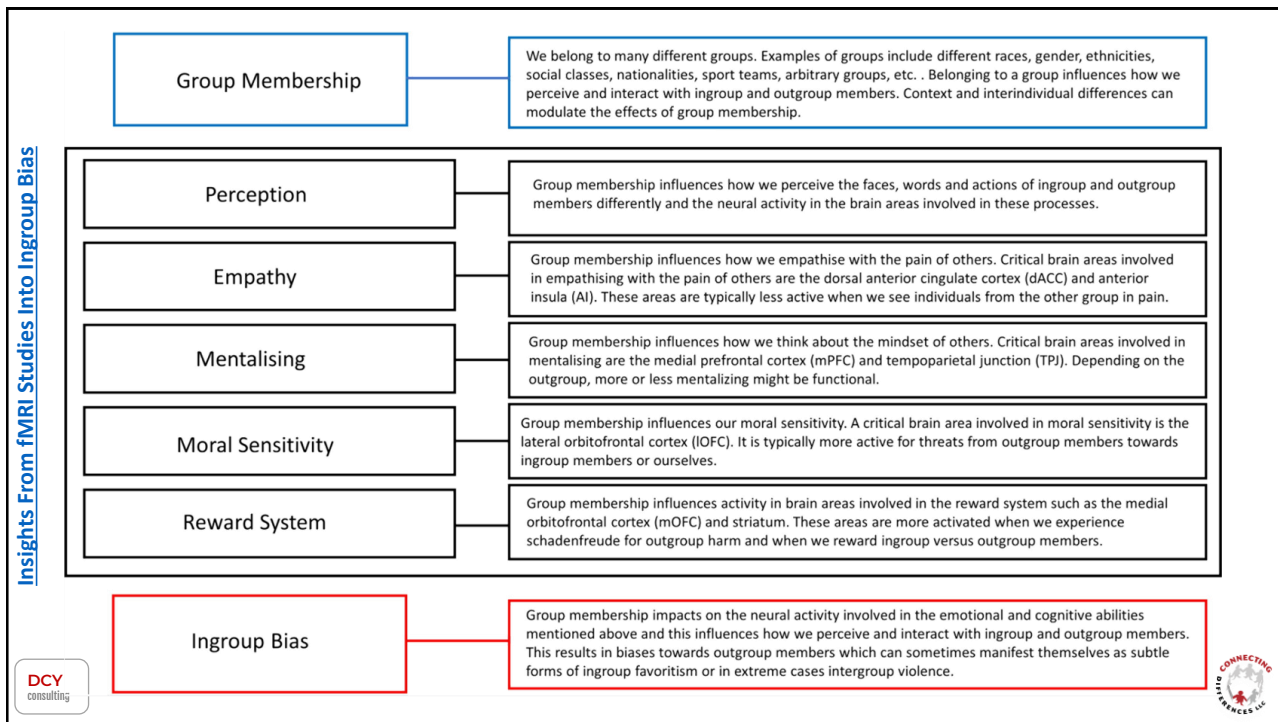
AZ QUOTES

Empathy refers to the ability to relate
to another person's pain vicariously,
as if one has experienced that pain
themselves









Empathy vs. Compassion

Empathy refers to the ability to relate to another person's pain vicariously, as if one has experienced that pain themselves



Compassion is the broader word: it refers to both an understanding of another's pain and the desire to somehow mitigate that pain.

Empathy vs. Compassion



1. Empathy is impulsive. Compassion is deliberate.
2. Empathy is divisive. Compassion is unifying.
3. Empathy is inert. Compassion is active.
4. Empathy is draining. Compassion is regenerative.

15000

Leaders

5000

Companies

100

Countries

One of the most important revelations in the data is that having a regular routine of mindfulness – or some other contemplative practice – is one of the best paths for increasing compassion. Mindfulness generally makes people more self-aware. With greater self-awareness, leaders are more intentional about how they approach an issue and more thoughtful about how they respond to others. Mindfulness supports the deliberate and constructive decision-making that distinguishes compassion from empathy.

[Four Reasons Why Compassion Is Better For Humanity Than Empathy](#)

